**Body Conditioning**



Address: 40 Benson Road, Auckland,

Phone: 021 705 199

Email: paula@bodyconditioning.kiwi

**About**

Paula is a Personal Trainer, with her own private, spacious studio located in central Auckland, with ample parking.  
  
Paula is highly motivated to help you reach your goals.

Sessions can be one-on-one PT sessions, or group sessions of two up to 8.

Rating / comments   
Currently setting up Pilates classes.  
  
Contact: paula@fitnesslocker.co.nz, or PM through Facebook.

**GetRunning**



Address: 19 Auburn Street, Grafton

Phone: 09 377 0672

Email: [info@getrunning.co.nz](mailto:info@getrunning.co.nz)

Website: <http://www.getrunning.co.nz>

**About**

GetRunning provides Run training groups based in Auckland plus one on one coaching services throughout New Zealand. We also provide full and half marathon tours Domestically and Internationally visiting marathons such as Paris, London, N.Y & Melb.

Rating / comments

**Fitness Locker**



Phone: 021 217 0484

Email: benjamin@fitnesslocker.co.nz

Website: www.fitnesslocker.co.nz

**About**

Fitness Locker is a source of coaching services that will enhance one’s health & wellness, and performance efficiency. Our speciality is triathlon and duathlon, ranging from sprint to long distance, both on and off road. We also cater for runners and mountain bikers.

The Fitness Locker Multisport Club is an extension of our coaching services, offering both racing support and a social atmosphere at events around the North Island. Our focus is predominantly triathlon and the club welcomes any athlete, irrespective of who they are coached by or where they live.